

Unlock Your Wellness Potential!

Natures Cure Probiotics Supplement with Ashwagandha & Fulvic Acid

Experience the Power of
Nature with Our Thoughtfully
Crafted Blend



INGREDIENTS

Probiotics/Fulvic Acid	400mg
Ashwagandha Extract	100mg

& 4 billion CFU with Fulvic Acid

SERVING SIZE:

1 - 3 capsules daily

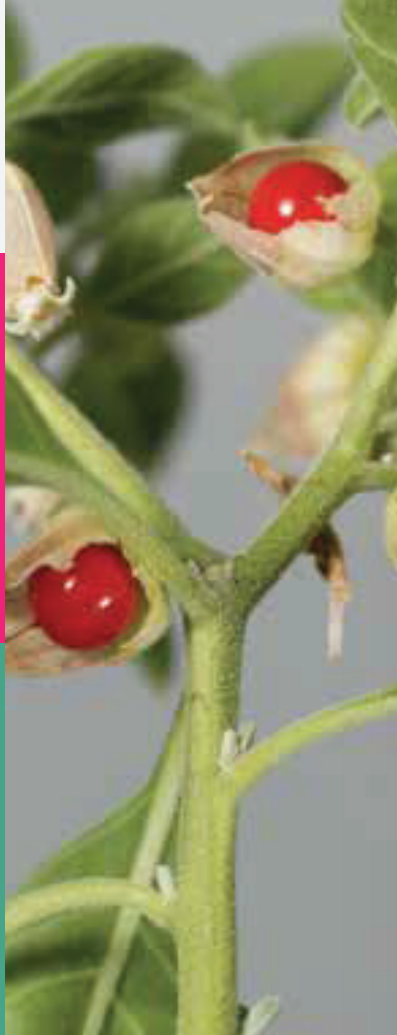
Join countless individuals
who have embraced the
Natures Cure difference & are
thriving in mind, body &
spirit.



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Benefits

- **Stress Reduction:** known for its adaptogenic properties, helping the body manage stress & promoting a sense of calmness.
- **Improved Energy Levels:** may enhance overall energy and vitality by reducing fatigue & boosting endurance.
- **Enhanced Cognitive Function:** may improve cognitive function, including memory & concentration.
- **Immune System Support:** has immunomodulatory effects, potentially aiding in the strengthening of the immune system.
- **Anti-Inflammatory Properties:** has been studied for its anti-inflammatory effects, which may help in conditions related to inflammation.
- **Anxiety Reduction:** may have an anxiolytic effect, helping to reduce symptoms of anxiety & improve mood.
- **Balanced Blood Sugar Levels:** may help in regulating blood sugar levels.
- **Hormonal Balance:** may have a positive impact on hormonal balance, particularly in conditions like PCOS (Polycystic Ovary Syndrome).
- **Cardiovascular Health:** may contribute to cardiovascular health by helping to lower cholesterol & blood pressure levels.
- **Antioxidant Properties:** possesses antioxidant properties, which can help neutralize free radicals in the body.



Side Effects & Possible Allergies

While Ashwagandha is generally considered safe for most people when used as directed, some individuals may experience side effects or allergic reactions. It's essential to consult with a healthcare professional before incorporating Ashwagandha into your routine, especially if you have pre-existing medical conditions or are taking medications.

Possible side effects and considerations include:

- **Gastrointestinal Distress:** some individuals may experience stomach upset or diarrhoea.
- **Allergic Reactions:** are rare but possible. If you experience symptoms like itching, rash, or difficulty breathing, seek medical attention immediately.
- **Interactions with Medications:** may interact with certain medications, including those for thyroid disorders, diabetes & blood pressure. Consult your healthcare provider if you're taking any medications.
- **Pregnancy and Breastfeeding:** women should consult their healthcare providers before using Ashwagandha, as its safety in these situations is not well-established.
- **Autoimmune Conditions:** may stimulate the immune system, so individuals with autoimmune conditions should use it cautiously & under medical supervision.

These statements have not been evaluated by SAHPRA. This product is not intended to diagnose, treat, cure, or prevent any disease.

General Warning:

Always consult with a healthcare professional before incorporating new supplements into your routine, especially if you have pre-existing health conditions or are taking medications.