



Unlock Your Wellness Potential!

Natures Cure Probiotics Supplement with Ginseng & Fulvic Acid

Experience the Power of Nature with
Our Thoughtfully Crafted Blend



INGREDIENTS

Probiotics/Fulvic Acid	400mg
Ginseng	100mg

& 4 billion CFU with Fulvic Acid

SERVING SIZE:

1 - 3 capsules daily

Join countless individuals
who have embraced the
Natures Cure difference & are
thriving in mind, body &
spirit.



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Benefits

- **Improved Energy & Stamina:** known for its adaptogenic properties, helping the body adapt to stress and potentially boosting energy levels and stamina.
- **Enhanced Cognitive Function:** some studies suggest that ginseng may have cognitive-enhancing effects, including improved memory and concentration.
- **Stress Reduction:** adaptogenic properties may contribute to stress reduction and an improved sense of well-being.
- **Immune System Support:** has been studied for its potential to modulate the immune system, supporting the body's defence against infections.
- **Anti-Inflammatory Effects:** may have anti-inflammatory properties, which can be beneficial in conditions involving inflammation.
- **Cardiovascular Health:** may help regulate blood pressure and cholesterol levels, contributing to cardiovascular health.
- **Anti-Diabetic Effects:** some research suggests that ginseng may help regulate blood sugar levels, which can be beneficial for individuals with diabetes.
- **Anti-Cancer Properties:** certain compounds in ginseng have been studied for their potential anti-cancer effects, although more research is needed in this area.
- **Improved Sexual Function:** has traditional use as an aphrodisiac and may contribute to improved sexual function and libido.
- **Anti-Fatigue Effects:** may help combat fatigue and improve overall physical performance.



Side Effects & Possible Allergies

While ginseng is generally considered safe for most people when used as directed, it's important to be aware of potential side effects and allergies:

- **Insomnia & Nervousness:** High doses of ginseng or prolonged use may contribute to insomnia, nervousness, or overstimulation.
- **Digestive Issues:** Some individuals may experience digestive discomfort, such as nausea or upset stomach, when taking ginseng.
- **Headaches & Dizziness:** In some cases, ginseng may cause headaches or dizziness.
- **Blood Sugar Effects:** Ginseng can affect blood sugar levels, so individuals with diabetes should monitor their levels closely and consult with a healthcare professional.
- **Hormonal Interactions:** Ginseng may interact with hormone-related medications, so individuals taking such medications should consult with their healthcare providers.
- **Allergic Reactions:** Some individuals may be allergic to ginseng. If you experience symptoms like itching, rash, swelling, or difficulty breathing, seek medical attention.
- **Interaction with Medications:** Ginseng may interact with certain medications, including blood thinners and antiplatelet drugs. Consult with your healthcare provider if you are taking any medications.
- **Pregnancy and Breastfeeding:** Pregnant or breastfeeding women should consult their healthcare providers before using ginseng, as its safety in these situations is not well-established.

These statements have not been evaluated by SAHPRA. This product is not intended to diagnose, treat, cure, or prevent any disease.

General Warning:

Always consult with a healthcare professional before incorporating new supplements into your routine, especially if you have pre-existing health conditions or are taking medications.